

## Information for Players and Parents

Thank you for your interest in the 2018-2019 East York Midget Boys Rep Team, for players born in 2004 or later. The information below is intended to provide details of and expectations for this year's team.

The Rep program places certain demands on both players and parents. It is important to evaluate your availability to participate in the program fully, during the tryout process, to ensure that the program meets the needs of both your child and your family.

### Try Out Process

The team will hold three tryout sessions (September 12<sup>th</sup>, 14<sup>th</sup> & 17<sup>th</sup>) and every player will have an opportunity to participate in at least the first tryout session. Depending on the number of athletes trying out, preliminary decisions on the roster may have to be made after the first session. Our goal is to assemble a squad of up to 12 players to ensure ample playing time for all.

### Commitment

The Rep season spans an 8-month period, ending in late May, 2018. The 2018-2019 season will include:

- Three Mandatory Practices per week (Mondays 8-10pm, Wednesdays 8-10pm & Fridays 8-10pm)
- The Ontario Basketball League (OBL) – 12 games across 5 weekends (Saturdays and/or Sundays)
- Up to 5 Weekend Tournaments (Friday/Saturday through Sunday)
- Ontario Cup Provincial Championships (Friday through Sunday)
- Up to 5 Exhibition Games

Most OBL Games and Tournaments will take place within the GTA. However, on occasion, the location of these events may result in a longer drive or a potential hotel stay. We are also considering at least one "away" tournament this season, meaning a hotel stay for all families. Exhibition games will either take place at home or within driving distance of East York. Dates and locations of events will be shared as they are confirmed.

### Cost

The anticipated cost per player will be \$1,100-\$1,200 and will cover OBA registration fees for the team and players, gym permit fees, referee fees for exhibition games, OBL fees, tournament entry fees, team equipment, etc. Player fees will also cover the strength and conditioning training with a fitness professional. Player fees **do not** include uniform costs, as well as any costs for hotel accommodations, and other such disbursements. The budget for the team will be shared with all team parents early in the season and a final reconciliation will be conducted at the conclusion of the year.

### Uniforms

The cost of a full Rep uniform package will be \$245 - includes 2 sets of uniforms (Home and Away), a warmup shirt, and a team gym bag. All new players to the team will be required to purchase the full uniform package. Returning players can opt to use their existing uniforms, assuming they are in good condition and still fit. The purchase of individual pieces of the uniform package will also be available for returning players.

Lastly, the Coaches are open and available to answer any questions or concerns you may have about the program at any time.

- Coaches Nick, Kari and Jeff

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## Team Vision and Expectations

Our vision is to foster a team setting that is conducive for individual learning and skills development, as well as physical and mental growth. The focus will be on “we” before “me”, putting the goals of the team, before those of the individual and we will strive to create a collaborative and collegial atmosphere for the team to collectively flourish.

A team is only as good as the sum of its parts. In order to strengthen and grow the team, we need to ensure that all players have the opportunity to achieve their potential. This requires that we challenge the athletes, while also instilling in them the importance of working together ... developing a trust for each other ... believing in each other. It also requires that all athletes be given the opportunity to learn from in-game experiences, through a relatively equitable distribution of court time. Our priority is player development, team cohesion and fun over winning and moving up OBL divisions.

### ***Players are expected to:***

- Be available for **all** team activities – including all team meetings, practices, games, and tournaments
- Arrive on time and be prepared for all team activities
- Exhibit a positive attitude towards and support for teammates and coaches
- Demonstrate a willingness to learn and grow individually and collectively
- Attempt to implement instructions to the best of their abilities
- Put forth a strong, focused, effort at all times – both in practices and games
- Share ideas and voice concerns
- Respect the game, teammates, Coaches, parents, opposing players and officials
- Have fun in the context of an environment designed to improve basketball skills both as individuals and as members of a team

### ***Parents are expected to:***

- Be supportive of and positive towards all players, not only their athlete
- Support the message and instructions of the Coaches
- Share ideas and voice concerns with Coaches as they arise. Early feedback for improvement opportunities is encouraged
- Ensure safe transportation to and from all team activities
- Respect the game, Coaches, parents (both on EY and other teams), opposing teams and the officials

### ***Coaches are expected to:***

- Provide a safe and positive environment for all players and parents
- Treat everyone equally and with respect at all times
- Arrive on time and be prepared for all team activities
- Make time to discuss player/parent ideas and concerns
- Adhere to the Ontario Basketball Association Code of Conduct  
<https://basketball.on.ca/about-us/policies-and-procedures/>